

March 2023 Grade K Lunch

UPPER DARBY

<u>Monday</u>- Vegetarian Baked Beans, French Fries, Apples <u>Tuesday-</u> Green Beans, Oranges <u>Wednesday</u>-Fresh Carrots & Celery w/ Ranch, Pears

Thursday- Spinach Salad w/ Tomato & Ranch, Assorted Canned Fruit

Friday- Fresh Carrots & Celery with Ranch, Bananas

This institution is an equal opportunity provider.

Variety of Non Fat Milk Served daily

This institution is an equal opportunity provider Menu is subject to change without notice.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ACC		1 Chicken Ham <u>Early</u> & Cheese <u>Dismissal</u> Sandwich	2 Crunchy Fish Sticks with WG Goldfish	3 Cheese Pizza
Homestyle ⁶ Chicken Sandwich on Whole Wheat Roll	7 Quesadilla Pizza (Vegetarian)	Pizza Crunchers with Marinara Sauce	9 Grilled Cheese	10 Beef Pepperoni & Cheese Cup with Pretzels <u>Early</u> Dismissal
13 Cheeseburger on Whole Wheat Roll	Chicken ¹⁴ Nuggets With WG Funnel Cake	15 Macaroni & Cheese with WG cheez it	Cheese ¹⁶ Pizza	17 Yogurt Parfait with Granola and Peaches
Homestyle Chicken Sandwich on Whole Wheat Roll	21 Egg Patties with WG Funnel Cake	Pizza ²² Crunchers with Dipping Sauce	23 Crunchy WG Fish Sandwich	Cheese ²⁴ Pizza
Cheese Burger ²⁷ on Whole Wheat Roll	Cheese ²⁸ Pizza	Veggie 29 Nuggets with WG Cheez its and Dipping Sauce	BBQ Boneless Chicken Wings with WG Goldfish	³¹ Egg & Cheese Muffin