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## Wednesday Folder Update 3.1.23

1 message

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To: Drexel Hill Middle School Recipients <recipients@upperdarbysd.parentlink.net>

Wed, Mar 1, 2



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Good Evening Drexel Hill Middle School Families,

I hope you are enjoying your week!

March is here and Spring is on the horizon! I am excited to share a new feature that we have incorporated into our mornings here at DHMS. Thanks to our work with Neurologic, we have learned a lot about mindfulness and growth mindset. Each morning students are leading the school in a **Mindful Moment** that encourages all students to think before they act, believe in themselves and discard negative energy. Please take a moment to ask your student about this!

In this Wednesday message you will find the following:

- Popcorn Fundraiser Information
- New Bus/Dismissal Procedures
- Community Bulletin Board Reminder
- Health and Nurse Notifications
- Speak Up! Opportunities
- Annie Jr. Information
- Yearbook Ordering Information
- 8th Grade Information \* **Added: Dinner Dance Info. (attachment)**
- School Safety Information
- March Breakfast and Lunch Menus
- Home and School Information

### Popcorn Fundraiser

Attached to this message you will find ordering information for a popcorn fundraiser. If you are interested, please submit your purchases asap as this is a blitz fundraiser with a quick turnaround. All items will be delivered directly to your home.

### New Dismissal and Bus Procedures

Starting Monday March 6, 2023, we are adjusting our dismissal procedures for all bus students. Back in December, we moved all students waiting for a bus into the courtyard. We will now wait for our busses in the auditorium. The auditorium will be sectioned off by Bus #. Students will be expected to wait in the auditorium bus section until their bus is called. We are hoping that this provides a safe and effective dismissal for our bus students.

### Speak Up!

Speak Up is coming to DHMS! We are looking forward to hosting another successful event this year! To begin, we are looking for students to be a part of our Student Team (SLT). Please see the attached presentation for more information.

### Yearbook Ordering

Attached to this message is information regarding the pre-ordering of this year's yearbook! I will continue to include this information in future Wednesday messages until the date to order has passed. Get yours today!

### Annie Jr.

Annie Jr. tickets are now for sale online. You may also pay cash at the door. Tickets are \$10 but for students, teachers, or military with ID they are \$5. The shows are on the 3rd, and 4th at 7:30. Doors open at 7:00.

<https://www.showtix4u.com/events/DHMS>

### Community Bulletin Board Reminder

According to the National Education Association, "when schools, parents, families, and communities work together to support learning, students tend to earn high grades more regularly, stay in school longer, and enroll in higher level programs." (NEA May, 2016). Community support, partnership, and engagement with and in schools

important and necessary for our children's success. The Upper Darby School District welcomes community members and neighbors from the Upper Darby Township, Heights Borough, and Millbourne Borough to visit our Community Bulletin Board regularly for news and updates regarding events, activities, resources, and support that is available in and around the School District community. The Upper Darby School District Community Bulletin Board - your source for community-wide activities that benefit our students and families! **REMEMBER TO CHECK IT EVERY WEEK!**

## [COMMUNITY BULLETIN BOARD](#)

## [GUIDELINES FOR UDSD COMMUNITY BOARD POSTING REQUESTS](#)

### **Breakfast and Lunch Menus**

Please find the breakfast and lunch menus attached. You can also access the menus on our website at <https://pa02209738.schoolwires.net/Page/8231>.

### **Health Suite Information**

#### **\*6th grade physical exam requirements:**

According to Pennsylvania School Health Law, **28 PA.CODE CH 23.2 (Medical Examination)**, physical examinations are required for children on entrance (**K/1**) to school. **GRADES 6 and 11**. These grades were selected because they represent critical periods of growth and development in a child's life. It is important for the school to have a record of your child's health status.

It is recommended that these examinations be done by your family physician since they can best evaluate your child's health and assist you in obtaining necessary treatments and corrections, if needed. Also, your child's physician can administer any required immunizations that are due. The doctor's office can print out a copy of your child's physical exam including immunizations, or if you prefer, the physician can fill out and sign a physical exam form that's attached or printed from the UDSD website under "Pupil Services."

If you have not forwarded a copy of a recent physical exam (dated after 9/1/2021) to the school nurse, please do so at your earliest convenience. If you have any questions, please contact the school nurse.

#### **\*7th grade dental exam requirements:**

According to Pennsylvania School Health Law, **28 PA.CODE CH 23.2 (Dental Examination)**, dental examinations are required for children on **entrance to school (grades 3 and 7)**. It is important for the school to have a record of your child's dental health status. Proper dental health can prevent more serious conditions and also prevent unnecessary absences.

It is recommended that these examinations be done by your family dentist since they can best evaluate your child's mouth and can perform any treatment, cleaning, or fillings. The dentist's office can print out a copy of your child's dental exam, or if you prefer, the dentist can fill out and sign a dental exam form that is attached below or found on the UDSD website under "Pupil Services." If you have any questions, please contact the school nurse.

### **8th Grade Facebook Page**

Attached is a link to the DHMS 8th Grade Facebook page. All families are encouraged to follow this page in order to keep up to date on 8th grade end of the year activities.

[https://www.facebook.com/groups/5930919706964245/?ref=share\\_group\\_link](https://www.facebook.com/groups/5930919706964245/?ref=share_group_link)

**In addition, you will see a special section on our school website dedicated specifically to 8th grade students and their families. We recognize that the end of the school year is a busy time filled with many exciting activities, so we hope that a one stop shop will help you stay organized and in the know!**

### **Home and School**

Thank you to everyone that attended our March Home and School meeting this evening. We are looking for new officers for the 23-24 school year. If you are interested, please reach out to the Home and School Association at [dhmshomeandschool@gmail.com](mailto:dhmshomeandschool@gmail.com). Elections will be held at the April meeting on April 12, 2023.

\*\*\*For more information, including photos and previous Wednesday messages, please visit our website at <https://www.upperdarbysd.org/dhms>

Have a wonderful rest of the week!

Jill Palladino









Please visit our [Community Bulletin Board](#), your source for community-wide activities and resources that benefit our students. Join our official social media pages.



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**Attachments:**

-  messages/attachments/ebf78ba6c6514a03643ff6fe90ef0fd6/Dinner\_Dance\_Contract\_-\_Class\_of\_2023.docx (7.8 KB)
-  messages/attachments/171fe88ecaa3113daf9b6f0e4ceace8a/LOCK-IN%2C\_LOCK-OUT%2C\_LOCKDOWN\_%26\_EVACUATION\_FAQS\_FOR\_UDSD\_FAMILIE  
KB)
-  messages/attachments/5e269d045b884bcf2d748eef38300b8f/DH\_Popcorn\_Flyer2\_%28%29.pdf (1116.3 KB)
-  messages/attachments/42ad074af40eb9a6423e18b6336e5982/DH\_Popcorn\_Flyer1\_%28%29.pdf (352.3 KB)
-  messages/attachments/4cc9978f9ccb0d4d86f1bf942bd616f5/209-AR-3-PrivateDentalForm-Final-4-9-15.pdf (301.1 KB)
-  messages/attachments/33627a8a200ceac98208c6440c742f54/UDSD\_Mental\_Health\_Services\_Resource\_Guide\_%282021%29.pdf (512.5 KB)
-  messages/attachments/95178f8e883157f0497fc856078a534d/SpeakUp%21\_Information\_2023.pdf (146.0 KB)
-  messages/attachments/e059283fab6b3cf7a8d6a3e748669d2a/19254\_Drexel\_Hill\_Middle\_School\_%28%29\_%28%29.pdf (1375.0 KB)

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