



Jennifer Rosen &lt;jrosen@upperdarbysd.org&gt;

## Wednesday Folder Update 3.29.23

1 message

Jill Palladino <noreply@upperdarbysd.org>  
 Reply-To: Jill Palladino <noreply@upperdarbysd.org>  
 To: Drexel Hill Middle School Recipients <recipients@upperdarbysd.parentlink.net>

Wed, Mar 29, 2023 at 6:00 PM



Good Evening Drexel Hill Middle School Families,

I hope everyone is enjoying their week. The sun is shining and Spring Break is upon us! Just a reminder that **Spring Break** runs from **Monday, April 3rd-Friday, April 7th**. School resumes on **Monday, April 10th**.

This morning we held our monthly required Fire Drill. The students did a great job following safety expectations. As a result, the drill lasted approximately 10 minutes, so little instructional time was lost.

In this Wednesday message, you will find the following

- Safe to Say Information
- PSSA Information
- Yearbook Ordering
- 23-24 Middle School Scheduling FAQ
- 2023 Indoor Percussion Community Preview (attachment)
- Community Bulletin Board
- Wellness Week
- Bus Drivers/Aids Wanted (attachment)
- Elementary Summer Academy (attachment)
- Youth Mental Health First Aid (attachment)

### Community Bulletin Board

Please remember to check out the District's electronic [Community Bulletin Board](#) every week for community, Township, and County resources and events!

### Safe to Say

We feel that it is important to remind our parents and students of the *Safe2Say Something* program. The Upper Darby School District takes the safety and security of our staff and students very seriously and recognizes that the uncertainties and pressures that students and families have faced the uncertainty of a pandemic has clearly demonstrated that the mental health of students as a priority. The *Safe2Say Something* system teaches youth and adults how to recognize warning signs and signals, especially within social media, of individuals who may be a threat to themselves or others and say something, using our anonymous reporting system. *Safe2Say Something* is also a way to anonymously report unsafe, potentially harmful, dangerous, violent or criminal activities in any school in Pennsylvania.

For anyone who is feeling unsure or unsafe, please remember that there is help and it is okay to ask for help.

Find below videos and the District's webpage outlining the Safe2Say Something PA Program:

[Safe2Say Something PA Program](#)

[UDSD Safe2Say Something Presentation 2021](#)

<https://pa02209738.schoolwires.net/Page/8021>

If you have any questions or concerns, please do not hesitate to contact your building principal.

### Spring Concert Date Changes

Due to the construction at the UDHS Performing Arts Center, we have had to adjust our dates and times for our Spring Concerts. Please note the following:

**May 9: Choral Concert @ DHMS starting at 6pm**

**May 18: Instrumental Concert @DHMS starting at 7pm**

### UDSD's Wellness Week

The District's Wellness Committee is asking our students to reduce the number of hours that they spend in front of a screen and to engage in more physical activity during the week of May 8th. We would like to encourage our students to put down their devices and enjoy our local parks, engage in physical activities, and to make sure that they are getting enough sleep.

### 23-24 Middle School Calendar Changes

On Tuesday February 14, 2023, the Upper Darby School Board of Directors School Board of Directors approved a resolution for the proposed 2023-2024 district calendar. As a result of the work the Upper Darby Middle School Committee has been doing over the last few months, additional staff planning time has been added to the calendar. On Monday, March 20, 2023 we held a parent information night on our YouTube channel. I am attaching the presentation below. A Frequently Asked Question document is also attached. We will host a subsequent in person informational session in the near future.

[Calendar Draft](#)

[Summary of Changes](#)

### Yearbook Ordering

Attached to this message is information regarding the pre-ordering of this year's yearbook! I will continue to include this information in future Wednesday messages up until the date to order has passed. Get yours today!

Thank you and have wonderful rest of the week!

Mrs. Palladino

Please visit our [Community Bulletin Board](#), your source for community-wide activities and resources that benefit our students. Join our official social media!



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### Attachments:

- [messages/attachments/c29d0118db7718e01f65692949a50ad2/Free\\_Youth\\_Mental\\_Health\\_First\\_Aid\\_Training\\_%26\\_Certification\\_for\\_Parents.](#) (146.2 KB)
- [messages/attachments/bfb181f7ef6b805c79b0c5f10b2e75b2/Elementary\\_Summer\\_Academy\\_.pdf](#) (3.3 MB)
- [messages/attachments/c481d68b4db8c893b382cb1357e43933/SCHOOL\\_BUS\\_DRIVERS\\_AND\\_ASSISTANTS\\_WANTED%21.pdf](#) (88.0 KB)
- [messages/attachments/238c255c6540f4e5940515d04bc31365/2023\\_Indoor\\_Percussion\\_Community\\_Preview.pdf](#) (1074.7 KB)
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- [messages/attachments/972c83e3af3d0ac48e1ec8caf44a38ae/UDSD\\_Middle\\_School\\_Presentation\\_2023.pdf](#) (859.0 KB)

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