
Wednesday Folder Update 3.8.23

1 message

Jill Palladino <noreply@upperdarbysd.org>
Reply-To: Jill Palladino <noreply@upperdarbysd.org>
To: Drexel Hill Middle School Recipients <recipients@upperdarbysd.parentlink.net>

Wed, Mar 8, 2023



Good Evening Drexel Hill Middle School Families,

I hope everyone is enjoying their week! Thank you to everyone who supported our musical this past weekend! Annie Jr. was amazing and our students and staff did a job both on stage and behind the scenes! I couldn't believe the performances were coming from middle school aged students! BRAVO!

Also, thank you to everyone who supported our Popcorn Fundraiser! It was an extremely successful fundraiser and we appreciate your support of our school.

In this communication you will find the following:

- Safe to Say Reminder
- Community Bulletin Board Reminder
- Middle School Early Dismissal Update
- 23-24 Middle School Calendar Changes
- Yearbook Ordering Information
- Health Suite Reminders from Nurse Jacque
- International SEL Day (attachment)
- **Revised** March Menus (attachment)
- DCIU Right to Education (attachment)
- UDSD Crisis Go Subscription Information (attachment)

Safe to Say

We feel that it is important to remind our parents and students of the *Safe2Say Something* program. The Upper Darby School District takes the safety and security of students very seriously and recognizes that the uncertainties and pressures that students and families have faced the uncertainty of a pandemic has clearly demonstrated mental health of students as a priority. The *Safe2Say Something* system teaches youth and adults how to recognize warning signs and signals, especially within social individuals who may be a threat to themselves or others and say something, using our anonymous reporting system. *Safe2Say Something* is also a way to anonymously report unsafe, potentially harmful, dangerous, violent or criminal activities in any school in Pennsylvania.

For anyone who is feeling unsure or unsafe, please remember that there is help and it is okay to ask for help.

Find below videos and the District's webpage outlining the Safe2Say Something PA Program:

[Safe2Say Something PA Program](#)

[UDSD Safe2Say Something Presentation 2021](#)

<https://pa02209738.schoolwires.net/Page/8021>

If you have any questions or concerns, please do not hesitate to contact your building principal.

Community Bulletin Board Reminder

According to the National Education Association, "when schools, parents, families, and communities work together to support learning, students tend to earn high grades, attend school more regularly, stay in school longer, and enroll in higher level programs." (NEA May, 2016). Community support, partnership, and engagement with and in school are important and necessary for our children's success. The Upper Darby School District welcomes community members and neighbors from the Upper Darby Township, Heights Borough, and Millbourne Borough to visit our Community Bulletin Board regularly for news and updates regarding events, activities, resources, and support that are available in and around the School District community. The Upper Darby School District Community Bulletin Board - your source for community-wide activities that benefit our students and families! **REMEMBER TO CHECK IT EVERY WEEK!**

[COMMUNITY BULLETIN BOARD](#)

[GUIDELINES FOR UDSD COMMUNITY BOARD POSTING REQUESTS](#)

Middle School Early Dismissal

It has been brought to our attention that there is a mistake in the school calendar, which indicates that the next early dismissal for middle school students will be Thursday, March 9th. However, please note that the next early dismissal for middle school students will be on Friday, March 10th, a district-wide early dismissal day.

I understand that this may have caused confusion and inconvenience, and I apologize. Our team is taking necessary measures to ensure that such errors do not occur in the future.

The next early dismissal date for middle school students in March is Thursday, March 23rd, which remains unchanged.

23-24 Middle School Calendar Changes

On Tuesday February 14, 2023, the Upper Darby School Board of Directors School Board of Directors approved a resolution for the proposed 2023-2024 district calendar. As a result of the work the Upper Darby Middle School Committee has been doing over the last few months, additional staff planning time has been added to the calendar. Please be a parent information night on Monday, March 20, 2023 at 6:00 PM on our district [YouTube](#). This event will be informational only, but will feature an option to submit a Frequently Asked Question document will be developed and shared via the school website and Wednesday Folder. We will host a subsequent in person information night in the near future.

[Calendar Draft](#)

[Summary of Changes](#)

Yearbook Ordering

Attached to this message is information regarding the pre-ordering of this year's yearbook! I will continue to include this information in future Wednesday messages until the date to order has passed. Get yours today!

Health Suite Information

6th grade physical exam requirements:

According to Pennsylvania School Health Law, **28 PA.CODE CH 23.2 (Medical Examination)**, physical examinations are required for children on entrance (**K/1**) to **grades 6 and 11**. These grades were selected because they represent critical periods of growth and development in a child's life. It is important for the school to have a record of your child's health status.

It is recommended that these examinations be done by your family physician since they can best evaluate your child's health and assist you in obtaining necessary treatments and corrections, if needed. Also, your child's physician can administer any required immunizations that are due. The doctor's office can print out a copy of your child's physical exam including immunizations, or if you prefer, the physician can fill out and sign a physical exam form that's attached or printed from the UDSD website under "Pupil Services."

If you have not forwarded a copy of a recent physical exam (dated after 9/1/2021) to the school nurse, please do so at your earliest convenience. If you have any questions, please contact the school nurse.

7th grade dental exam requirements:

According to Pennsylvania School Health Law, **28 PA.CODE CH 23.2 (Dental Examination)**, dental examinations are required for children on **entrance to school (grades 3 and 7)**. It is important for the school to have a record of your child's dental health status. Proper dental health can prevent more serious conditions and also unnecessary absences.

It is recommended that these examinations be done by your family dentist since they can best evaluate your child's mouth and can perform any treatment, cleaning, or fillings. The dentist's office can print out a copy of your child's dental exam, or if you prefer, the dentist can fill out and sign a dental exam form that is attached below or found on the UDSD website under "Pupil Services." If you have any questions, please contact the school nurse.

For more information, including photos and previous Wednesday messages, please visit our website at <https://www.upperdarbysd.org/dhms>

Thank you and have a wonderful rest of the week!




Mrs. Palladino

Please visit our [Community Bulletin Board](#), your source for community-wide activities and resources that benefit our students. Join our official social media pages:



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Attachments:

-  [messages/attachments/1df583dc5d751f13af506ff3e28e3037/DCIU_Right_to_Education_Safety_in_the_Community_Panel_Discussion.pdf](#) (167.9 KB)
-  [messages/attachments/982432ccc455feb35ac6a514f80b4be7/UDSD_CrisisGo_Parent_Subscription_Flyer.pdf](#) (1574.8 KB)
-  [messages/attachments/874e6379b2c12bb7d49737cb9dd9e273/UDSD_CrisisGo_Student_Subscription_Flyer_%281%29.pdf](#) (1586.3 KB)
-  [messages/attachments/2de6756b29dd9b1efbd4363457e70625/International_SEL_Day_2023.pdf](#) (82.5 KB)
-  [messages/attachments/520302c540351fae988f493e3d3f979f/Middle_School_Lunch_%28March_2023%29_-_FINAL.pdf](#) (431.9 KB)
-  [messages/attachments/33627a8a200ceac98208c6440c742f54/UDSD_Mental_Health_Services_Resource_Guide_%282021%29.pdf](#) (512.5 KB)
-  [messages/attachments/4cc9978f9ccb0d4d86f1bf942bd616f5/209-AR-3-PrivateDentalForm-Final-4-9-15.pdf](#) (301.1 KB)
-  [messages/attachments/ebf78ba6c6514a03643ff6fe90ef0fd6/Dinner_Dance_Contract_-_Class_of_2023_%281%29.docx](#) (7.8 KB)
-  [messages/attachments/e059283fab6b3cf7a8d6a3e748669d2a/19254_Drexel_Hill_Middle_School_%282%29_%281%29.pdf](#) (1375.0 KB)

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