



Saturday, May 18, 2019
Mascot Fun Run
5K Run
1 Mile Spirit Walk
School Team Registration Form

Support UD Fitness & the Arts All in One Day!

\$15 Student Entry Fee

\$25 Adult Entry Fee

Mascot Run at 8:30 am

Runners Start at 9:00 am/Walkers at 9:15 am

Arlington Cemetery, Drexel Hill, PA

(UDSD 5K Team registration forms are due to

Matt Colliton, DHMS, by May 3rd)

**Join Your School 5K Team! Run or Walk to Show Your School Spirit
& Bring More Music to UD Kids!**

Student Name _____ Age on Race Day: _____

Parent/Guardian Name: _____

Address: _____

Phone: _____ Email: _____

- Male
- Female
- Runner
- Walker

School Represented: _____

Team Name: _____

T-Shirt Size - (Circle One)

Youth Large Adult Small Adult Medium Adult Large Adult XLarge

**Please return this form to your School's 5K Coach. Checks may be made
payable to: Upper Darby Arts & Education Foundation.**

WAIVER (All Entrants MUST SIGN):

I understand that running races are potentially hazardous activities. I attest that I am medically able and properly trained to participate in this event. I agree to abide by any decision of race officials about my ability to safely complete the run. I assume all risks associated with participating in this event including, but not limited to, falls, contact with other participants, the effects of the weather (including heat and humidity), conditions of the road, and traffic on the course, all such risks being known, unknown, and appreciated by me. Having read this waiver and knowing these facts, and in consideration of acceptance of this application, I, the undersigned, intend to be legally bound-and for anyone entitled to act on my behalf-to waive and release the Upper Darby Arts & Education Foundation, the Upper Darby School District, Arlington Cemetery, all sponsors, their representatives and their successors, from all claims and liabilities of any kind arising out of my participation in this event, even if that liability should arise out of negligence or carelessness on the part of the persons named in this waiver. I also give permission for free use of my name and photograph in any broadcast, telecast or other accounts or promotion of this event.

Signature (Parent/Guardian signature required if entrant is under 18):

Date: _____