



**Why join the Y?**

Come visit & find out!

Everyone is welcome to our  
Open House  
2/11 - 2/17/19  
at both Lansdowne  
& Ridley Area branches!

Try a class, meet our  
trainers and members,  
take a tour,  
and more!

## FEBRUARY SPECIAL EVENTS & PROGRAMS

Register at [www.cyedc.org](http://www.cyedc.org)

### FEBRUARY 9th - ALL PRO DADS (Lansdowne Y)

All Pro Dads is on a mission to help you love and lead your family well. Be a hero to your kids! Join us each month for breakfast and an activity with your child(ren). We will inspire to embrace who you are and provide a quality activity with your child(ren). Register for one or more dates.  
Sat, 9:00AM, 45min

### FEBRUARY 9th - Parents Night Out (Lansdowne Y)

Do you need time for a movie, dinner, or just hanging out? Drop off the kids at the Lansdowne YMCA and leave the babysitting to us. We will provide dinner, games, crafts and more to help keep your child entertained. Sat, 4:30PM, 3hr 30m

### FEBRUARY 9th - Drop & Dash Paint Party (Ridley Area Y)

Drop your children off while you enjoy an evening to do as you please. Your child will do a canvas painting, have a light snack and enjoy a movie. Sat, 6PM, 3hr

### FEBRUARY 10th - Happy Hearts Family Bingo (Lansdowne Y)

Celebrate the love your family shares with one another here at the Y. A heart-themed afternoon of bingo with cool prizes will be fun for your entire family.

### FEBRUARY 11th - 17th - Open House (Lansdowne & Ridley Area Branches)

The community is welcome to either branch to take a tour, try a class, meet the staff and other members, and of course, have fun!

### FEBRUARY 16th - Sweetheart Dance (Ridley Area Y)

Come spend an evening with the kids you love dining, dancing crafts and fun! Sat, 6PM, 2hr

### FEBRUARY 27th - American Red Cross Blood Drive (Lansdowne Y)

Calling all blood donors, the need is urgent, and constant. Please sign up at [redcrossblood.org](http://redcrossblood.org).

### Every Wednesday & Friday - Generation Pound (Ridley Area Y)

Come join us on Wednesdays & Fridays at 4pm for awesome alternative way for kids to move, rock, play & make noise! Improves focus, coordination, physical fitness, and teamwork skills while ultimately building strength, confidence, and self-awareness. Wed/Fri 4pm, 45min

Lansdowne YMCA  
2110 Garrett Rd.  
Lansdowne, PA 19050  
610.259.1661



Ridley Area YMCA  
900 South Avenue  
Secane, PA 19018  
610.544.1080