

Child Guidance Resource Centers is a private, non-profit, community behavioral health care organization with over 60 years of service dedicated to providing quality care and educational services that best meet the needs of children, youth and their families in the Delaware Valley.

**Contact  
Child Guidance  
today  
to learn more:**

**484-454-8720**

2000 Old West  
Chester Pike  
Havertown, PA

**www.cgrc.org**  
email:  
**info@cgrc.org**

# CHILD GUIDANCE RESOURCE CENTERS

Assess, Treat, Empower.



Child Guidance employs an experienced team of highly-qualified, professional therapists and clinicians trained to provide a broad range of clinical services in a supportive atmosphere. We treat the full range of challenges faced by children and adolescents. Our services encourage personal growth and development, involving the family throughout the therapeutic process.

## WHAT DOES CHILD GUIDANCE OFFER?

### ☞ Assessment Services

**Outpatient:** A comprehensive, 2 hour session with a clinician in our office determines necessary services.

**Extended Assessment:** A 60-day evaluation period to provide accurate diagnosis and recommendations.

### ☞ Behavioral Health Rehabilitation Services (BHRS)

A community-based wrap-around service to assist the client and family in addressing behaviors in the settings in which they occur. Specialized mental health professionals will develop individualized plans to improve behavior.

### ☞ CREATE: Creating Relationships & Emotional Adaptability in a Therapeutic Environment

A group social skills service that meet several times a week to help children diagnosed with autism (ages 3-21) build social and communication skills, improve problem solving and emotional regulation and flexibility. The CREATE curriculum is made from evidence models, including Applied Behavior Analysis, Social Thinking, PEERS, and Pivotal Response Therapy.

### ☞ Extended School Year Summer Program

For children ages 6-18 with an IEP calling for extended school year, our summer program promotes skill building through fun therapeutic activities while maintaining academic progress.

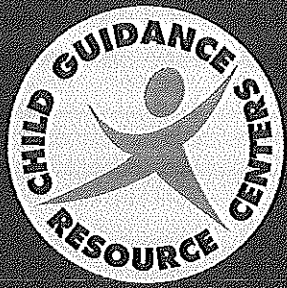
### ☞ Family-Based Services (Family First)

A team of two Family First clinicians works closely with the family in the home, school and community to address not only the child's emotional struggles but the larger systemic issues contributing to troublesome behavior.

### ☞ The Incredible Years

An interactive program that offers practical support for both children and caregivers. Parent sessions focus on developing effective interaction skills and behavior management while children learn appropriate social behavior and emotional regulation in a group setting from Dina Dinosaur.

*Continued on reverse*



To get started with any of these programs, please call our headquarters at 484-454-8700. Certain programs may require an Outpatient Assessment while others may require Extended Assessment before enrolling. Additionally, school-based programs are recommended through your school district. Contact your school administrator for more information.

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### ☞ Multi-Systemic Therapy

Provides intensive, in-home therapy for families of adolescents (12-17) with truant, delinquent, or aggressive behaviors. This evidence-based treatment strives to change how youth function in their natural settings of home, school and community.

### ☞ Outpatient Counseling Services

Outpatient services include individual, family, and group counseling, psychiatric and psychological evaluations and assessments, and medication management. These assist the children and families in resolving the child or adolescent's emotional, social and behavioral challenges.

### ☞ Parent-Child Interaction Therapy

This evidence-based, highly successful therapy for young children (2-7) restructures the family relationship. Using play-based techniques, a clinician guides parents to get behavior under control and build strong family bonds.

### ☞ Pivotal Response Therapy

Children (18 months to 16 years) diagnosed with autism and their parents can benefit from this evidence-based therapy that focuses on "pivotal" areas of development, such as language and social interactions. Using objects chosen by the child, the clinician directs the parent to interact with the child using motivational strategies and activities. This service is successful even with nonverbal individuals.

### ☞ Private School (kindergarten-8<sup>th</sup> grade)

We have a small therapeutic school for students who are unable to be successful in their home district. With daily intensive counseling and skills training in addition to academics, our goal is to get students on track and give them the skills they need to be successful in a less restrictive setting.

### ☞ School-based Services

We partner with school districts to offer group and individual counseling, in-class support and other innovative mental health programs within the school.

### ☞ Teen Care Drug and Alcohol Program

An adolescent substance abuse treatment program that provides treatment through a family systems approach. Treatment combines family therapy with individual sessions.

### ☞ Truancy & Delinquency Prevention Partnership

A community-based program designed to reduce truancy and increase school attendance through collaboration with schools, community organizations, and vocational opportunities. The goal of this program is to help children achieve an education, strengthen family ties, and minimize the number of students referred to Children and Youth Services and/or the Juvenile Justice System.

### ☞ Adult Services

**Adult Intellectual Disability Socialization Group:** Weekly educational and entertaining social events for adults designed to provide stimulation and encourage socially appropriate behaviors and skills through successful interaction with peers.

**Transitional Residential Youth Program:** A community residential rehabilitation program for chronically mentally ill young adults. Residents receive supervision, counseling and therapy while they acquire the skills necessary for independent living.

**Specialized Community Residential Rehabilitation (SCRR):** A long-term community residential service devoted to the seriously mentally ill adult who has an established history of institutionalization for their chronic mental illness.