



2019

March

Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
Daily Sides Sweet Corn Green Beans Fresh Apple 100% Orange Juice	Daily Sides Vegetarian Baked Bean Green Peas Fresh Apple 100% Fruit Sorbet	Daily Sides Mashed Potatoes Romaine Lettuce Cup Fresh Apple Sliced Peaches	Daily Sides Vegetarian Baked Bean Roasted Sliced Carrots Fresh Banana 100% Apple Juice	Daily Sides Green Peas Or Tater Tots Baby Carrots Fresh Apple 100% Orange Juice	<p>More Info...</p> <p><u>Offered Daily:</u></p> <ul style="list-style-type: none"> -Low fat Choc -Low fat Straw -Plain 1% & Skim <p>Sun butter & Jelly Sandwich</p> <p>Cheese Pizza</p> <p><u>Entrée Salads</u> offered with whole grain snack or bagel</p> <p>TASTY TUESDAYS! 100% Fruit Sorbet</p> <p>MONTHLY WELLNESS CHALLENGE: Start with a good breakfast!</p> <p>NEW ITEMS! Macaroni & Cheese Spicy Chicken Bites *Served with Ranch Dressing</p> <p>Menus are subject to change without notice.</p>
				1 *T. Pepperoni Pocket Pizza Wedge Hummus Platter *Turkey Pepperoni (Green Peas)	
4 Cheeseburger Pizza Wedge Popcorn Chicken Salad	5 Walking Taco Pizza Wedge Popcorn Chicken Salad	6 Early Dismissal Turkey & Cheese Hoagie Apple Slices, Baby Carrots Milk	7 BBQ Sloppy Joe Pizza Wedge Popcorn Chicken Salad	8 French Toast & Sausage Pizza Wedge Popcorn Chicken Salad (Tater Tots)	
11 Chicken Patty Sandwich Pizza Wedge Build A Pizza Kit	12 Walking Taco Pizza Wedge Build A Pizza Kit Feature Vegetable Fresh Broccoli	13 Country Chicken Bowl Pizza Wedge Build A Pizza Kit	14 Chicken Tenders Pizza Wedge Build A Pizza Kit *Served w/ honey mustard	15 Macaroni & Cheese Pizza Wedge Build A Pizza Kit (Green Peas)	
18 Chicken Patty Sandwich Pizza Wedge Beef Nacho Salad	19 Cheese Quesadilla Pizza Wedge Beef Nacho Salad	20 Turkey & Cheese Melt Pizza Wedge Beef Nacho Salad	21 Spicy Chicken Bites Pizza Wedge Beef Nacho Salad	22 Mozz Sticks w/Sauce Pizza Wedge Beef Nacho Salad (Tater Tots)	
25 Cheeseburger Pizza Wedge Popcorn Chicken Salad	26 Soft Taco Pizza Wedge Popcorn Chicken Salad	27 Roasted Turkey w/Roll Pizza Wedge Popcorn Chicken Salad	28 Grilled Cheese Pizza Wedge Popcorn Chicken Salad	29 Pancakes & Sausage Pizza Wedge Popcorn Chicken Salad (Tater Tots)	



Did You Know?

Breakfast and Lunch is NOW available to every student at NO CHARGE.

Important School Information can be found on the district website (<http://www.upperdarbysd.org/>) under services -> food services. This includes online prepayment information through myschoolbucks.com (registering for myschoolbucks.com is free, but a \$2.49 Program fee may apply).

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