

2019

March

Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
Daily Sides	Daily Sides	Daily Sides	Daily Sides	Daily Sides	
Sweet Corn	Vegetarian Baked Bean	Mashed Potatoes	Vegetarian Baked Bean	Green Peas	
Green Beans	Green Peas	Romaine Lettuce Cup	Roasted Sliced Carrots	Or Tater Tots	More Info
Fresh Apple	Fresh Apple	Fresh Apple	Fresh Banana	Baby Carrots Fresh Apple	Offered Daily:
100% Orange Juice	100% Fruit Sorbet	Sliced Peaches	100% Apple Juice	100% Orange Juice	-Low fat Choc
				*T. Pepperoni Pocket Pizza Wedge	-Low fat Straw -Plain 1% & Skim
				Hummus Platter *Turkey Pepperoni (Green Peas)	Sun butter & Jelly Sandwich
4	5	6 Early	7	8	Cheese Pizza
Cheeseburger	Walking Taco	Dismissal Turkey & Cheese Hoagie	-	French Toast & Sausage	
Pizza Wedge	Pizza Wedge	Apple Slices, Baby Carrots	1 1177	Pizza Wedge	Entrée Salads
Popcorn Chicken Salad	Popcorn Chicken Salad	Milk	Popcorn Chicken Salad	Popcorn Chicken Salad (Tater Tots)	offered with whole grain snack or bagel
11	12	13	14	15	
Chicken Patty Sandwich	Walking Taco	Country Chicken Bowl	Chicken Tenders	Macaroni & Cheese	
Pizza Wedge	Pizza Wedge	Pizza Wedge	Pizza Wedge	Pizza Wedge	TASTY TUESDAY'S 100% Fruit Sorbet
Build A Pizza Kit	Build A Pizza Kit Feature Vegetable	Build A Pizza Kit	Build A Pizza Kit	Build A Pizza Kit	
40	Fresh Broccoli	00	*Served w/ honey mustard	(Green Peas)	
18	19	20	21	22	MONTHLY
Chicken Patty Sandwich	,	Turkey & Cheese Melt	Spicy Chicken Bites	Mozz Sticks w/Sauce	WELLNESS
Pizza Wedge	Pizza Wedge	Pizza Wedge	Pizza Wedge	Pizza Wedge	CHALLENGE:
Beef Nacho Salad	Beef Nacho Salad	Beef Nacho Salad	Beef Nacho Salad	Beef Nacho Salad	Start with a good breakfast!
				(Tater Tots)	
25	26	27	28	29	
Cheeseburger	Soft Taco	Roasted Turkey w/Roll	Grilled Cheese	Pancakes & Sausage	NEW IITEMS!
Pizza Wedge	Pizza Wedge	Pizza Wedge	Pizza Wedge	Pizza Wedge	Manager C. Charles
Popcorn Chicken Salad	Popcorn Chicken Salad	Popcorn Chicken Salad	Popcorn Chicken Salad	Popcorn Chicken Salad	Macaroni & Chees
				(Tater Tots)	Spicy Chicken Bites
	Did Vou Kno	C			*Served with Ranc



Did You Know?

Breakfast and Lunch is NOW available to every student at NO CHARGE.

Important School Information can be found on the district website (http://www.upperdarbysd.org/) under services -> food services. This includes online prepayment information through myschoolbucks.com (registering for myschoolbucks.com is free, but a \$2.49 Program fee may apply).

We are hiring!

Please visit www.aramark.com to apply



Dressing

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.