

MONDAY

3

TUESDAY

4

WEDNESDAY

5

THURSDAY

6

FRIDAY

7

Schools Closed

Pizza Crunchers ¹⁰
 Chicken Tenders
 Chips, Cheese, Salsa
 Cup
 Beef Pepperoni Pizza
 Cheese Pizza

Cheeseburger ¹⁷
 Beef Hotdog
 Cheese Bagel Melt
 Cheese Pizza
 Buffalo Chicken
 Pizza

Grilled BBQ Chicken ²⁴
 Sandwich
 Crispy Fish Sandwich
 Pizza Crunchers
 Cheese Pizza
 Beef Pepperoni Pizza

Grilled Cheese ¹¹
 Chicken Tenders
 Chips, Cheese,
 Salsa Cup
 Beef Pepperoni
 Pizza Cheese Pizza

WG French Toast w/
 Turkey Sausage ¹⁸
 Beef Hot Dog
 Cheese Bagel Melt
 Cheese Pizza
 Buffalo Chicken Pizza

Funnel Cake with ²⁵
 Chicken Nuggets
 Crispy Fish Sandwich
 Pizza Crunchers
 Cheese Pizza
 Beef Pepperoni Pizza

Spicy Chicken ¹²
 Sandwich
 Chicken Tenders
 Chips, Cheese, Salsa
 Cup
 Cheese Pizza
 Beef Pepperoni Pizza ¹⁹
 Cheesesteak
 Beef Hot Dog
 Cheese Bagel Melt
 Cheese Pizza
 Buffalo Chicken
 Pizza

Asian Chicken Salad ²⁶
 Crispy Fish Sandwich
 Pizza Crunchers
 Cheese Pizza
 Beef Pepperoni Pizza

Veggie Nuggets ¹³
 Chicken Tenders
 Chips, Cheese, Salsa
 Cup
 Cheese Pizza
 Beef Pepperoni Pizza

Crispy Chicken ²⁰
 Drumsticks
 Beef Hot Dog
 Cheese Bagel Melt
 Cheese Pizza
 Buffalo Chicken Pizza

Chicken Tenders ²⁷
 Crispy Fish Sandwich
 Pizza Crunchers
 Cheese Pizza
 Beef Pepperoni Pizza

Turkey Pepperoni ¹⁴
 Calzone
 Chicken Tenders
 Chips, Cheese,
 Salsa Cup
 Cheese Pizza or
 Pepperoni Pizza

Schools Closed

Spicy Chicken ²⁸
 Sandwich
 Crispy Fish Sandwich
 Pizza Crunchers
 Cheese Pizza
 Beef Pepperoni Pizza

Middle School Lunch Menu April 2023

Upper Darby School District

Monday- French Fries, Baked Beans, Apples**Tuesday-** Green Beans, Oranges**Wednesday-** Carrots& Celery, Pears, All
Fruit Sorbet.**Thursday-**Spinach Salad, Strawberries**Friday-** Carrots & Celery, Bananas