

## Welcome to the Nurse's office at Drexel Hill MS!

I hope everyone had a fun filled summer and was able to enjoy the break from school. I know that 2020 has been <u>very</u> different than previous years (and yes, a little scary at times too) but I hope that everyone is doing well. If you need anything please let me know.

Obviously, this year is starting off differently but there are still things that have stayed the same.

**6**<sup>th</sup> **grade students** continue to require a current physical on file in the nurse's office. The physical can be dated no earlier than July 1, 2019. Please send a copy directly to the school nurse at <u>jlatini@upperdarbysd.org</u>. If you provided this to your elementary school THANK YOU! Once we are back in the building (hopefully sooner rather than later) 6<sup>th</sup> grade students will also be part of scoliosis screening. However, if a physical was submitted this does NOT have to be done since your physician would have performed this during the physical.

**7**<sup>th</sup> **grade students** will continue to require a current dental exam on file in the nurse's office. The dental exam can be dated no earlier than July 1, 2019. Please email all dental exams to the school nurse at <u>ilatini@upperdarbysd.org</u>. Once we are back in the building, 7<sup>th</sup> grade students are required to participate in scoliosis screening. However, if your child obtained a physical within the past year (not including the 6<sup>th</sup> grade physical), this can be used in lieu of the screening done at school.

**7**<sup>th</sup> **grade students** also require 2 additional immunizations to begin the 7<sup>th</sup> grade year. These vaccines are part of your child(s) routine physical exams however, not everyone receives them on time due to a variety of reasons. Please make sure that your child is up to date on both the MENINGITIS (menactra/mcv) and TETANUS/DIPHTHERIA/ACELLULAR PERTUSSIS (tdap) and email all documents to the school nurse. Due to the current pandemic, the PA Dept of Health has extended all immunization requirements for 2 months from the first day of school. The UD school district has authorized **November 2, 2020**, as the final date of compliance. If your child is due for any immunization(s) prior to that date and they do not receive them, your child will be excluded from school. This includes any UD online/cyber education.

Additionally, please be aware that most forms are located on our website at <a href="www.upperdarbysd.org">www.upperdarbysd.org</a>. Once you are on the main page you can go to departments > student services > pupil services > forms & documents. If you can't find a form, please let me know.

Finally, I wanted to remind everyone of the symptoms of COVID-19 and what you can do to protect yourself against it.

MOST COMMON SYMPTOMS: fever (greater than 100.4f), cough, sore throat, shortness of breath. Click here for additional information about COVID-19.

PROTECTION: wear a mask (click <a href="here">here</a> for a video about WHY a mask works), wash your hands with SOAP & WATER (hand sanitizer if no soap/water access) for at least 20 seconds (click <a href="here">here</a> for a video of proper handwashing), cough/sneeze into elbow (even with a mask on), stay at least 6 feet from anyone you don't live with, and if you don't feel well make sure to contact your doctor for advice. These things will not guarantee 100% protection, but they will certainly reduce your chances of contracting and/or spreading this virus.

Again, welcome to the new school year and once we are preparing for return to our buildings additional information will be provided.

If you should have any questions or concerns, please do not hesitate to reach out to me.

Take care,

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