

October 2022

K-12 Breakfast

Assorted Milk and Fruit available with each meal!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cocoa Puff ³ Bar with Grahams	Banana Benefit Bar ⁴	Whole Grain Cinni Mini ⁵	Bagel and Cream Cheese ⁶	WG Chocolate Crescent ⁷
Chocolate Chip Bar with Cheez its ¹⁰	Mini Waffles ¹¹	Cherry Frudel ¹²	Bagel with Strawberry Cream Cheese ¹³	Strawberry Nutrigrain Bar with Grahams ¹⁴
French Toast Benefit Bar ¹⁷	Strawberry Cream Cheese Bagel ¹⁸	Mini Maple Pancakes ¹⁹	Bagel and Cream Cheese ²⁰	Chocolate Chip Bar with Grahams ²¹
Schools Closed ²⁴	Strawberry Poptart with Goldfish ²⁵	French Toast Benefit Bar ²⁶	Bagel with Cream Cheese ²⁷	Apple Nutrigrain Bar with Bug Bites ²⁸
Cinnamon Toast Bar with Grahams ³¹	Apple Frudel	Mini French Toast	Bagel with Strawberry Cream Cheese	Chocolate Chip cereal bar with Cheez its