



QPR Trainings Schedule 2023 - 2024

Question. Persuade. Refer.

QPR's mission is to save lives and reduce suicidal behaviors by providing innovative, practical, and proven suicide prevention training.

In this training, you will become a gatekeeper - someone in a position to recognize a crisis and the warning signs that someone may be contemplating suicide.

Gatekeepers can be anyone.

As a QPR-trained Gatekeeper, you will learn to:

- 1. Recognize the warning signs of suicide*
- 2. Know how to offer hope*
- 3. Know how to get help and save a life*



Sessions will begin promptly at 9 AM & end at 12 PM on:

Friday, October 27, 2023

Friday, December 1, 2023

Wednesday, February 28, 2024

Wednesday, March 27, 2024

THIS TRAINING IS FREE, BUT SPACE IS LIMITED.

*This in-person training will take place at the
SpeakUp! Office (80 W. Lancaster Ave., Ste 220, Devon, PA 19333).
All materials will be provided the day of the training.*

To register, click the pink button below

REGISTER FOR TRAINING

You're invited to attend QPR Training!

Our first session is being offered on

Friday, October 27, 2023

from 9:00 AM - 12:00 PM

at the SpeakUp! Office

80 W Lancaster Ave. Suite 220 Devon, PA 19333

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In this training, you will become a gatekeeper - someone in a position to recognize a crisis and the warning signs that someone may be contemplating suicide.

Gatekeepers can be anyone!

As a QPR-trained Gatekeeper, you will learn to:

- Recognize the warning signs of suicide
 - Know how to offer hope
- Know how to get help and save a life

PLEASE NOTE:

The class is FREE, but space is limited

The QPR materials I will be provide during the course

**Registration CLOSES at 4:00 pm on
Tuesday, October 24th, 2023
for Session 1**