

VIRTUAL
PARENT INFORMATION NIGHT
THE POWER OF YOUR WORDS

JOIN US!
MAY 5TH
6:30–7:30 PM



JOIN US FOR AN INFORMATIVE SESSION WITH LAKESIDE NEUROLOGIC that focuses on parent regulation and managing anger and frustration in the moment to communicate care and concern for our children. Often, as parents, while we are motivated by care and concern, our frustration gets the best of us. As a result, our children may not feel the care and concern we intend—they only feel the brunt of our anger. This can leave children and teens feeling misunderstood, rejected, and uncared for. This virtual parent information night will provide strategies parents can use to discipline their children in ways that foster greater connection and emotional well-being.

[CLICK HERE TO REGISTER ONLINE!](#)

After registering, you will receive a confirmation email containing information about joining the meeting.

