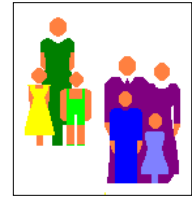
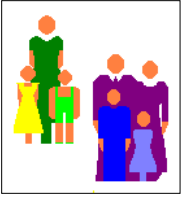




**DO YOU WANT HELP TO RAISE POSITIVE, HEALTHY
AND PRODUCTIVE CHILDREN?**



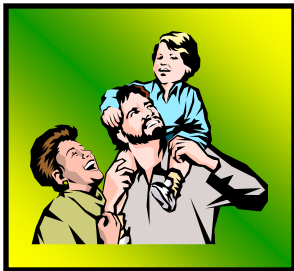
**IF YOU ANSWERED YES,
THE DELAWARE COUNTY FAMILY CENTER
IS WILLING TO HELP BY OFFERING A FOUR WEEK**

PARENTING PLUS WORKSHOP



TOPICS TO BE DISCUSSED INCLUDE:

- ◆ SINGLE/SHARED PARENTING
- ◆ HEALTH AND NUTRITION
- ◆ ADJUSTING TO PARENTING
- ◆ TAKING CARE OF YOURSELF
- ◆ DISCIPLINE
- ◆ SAFETY ISSUES
- ◆ NEWBORN CARE
- ◆ AND MUCH MORE



**THE CLASS WILL BE HELD ON FOUR (4)
CONSECUTIVE WEDNESDAYS BEGINNING OCTOBER 2, 2019
AND ENDING OCTOBER 23, 2019.**

THE TIME OF THE CLASS IS 10:00 A.M. UNTIL 12:00 P.M.

**Class location is Delaware County Family Center
Mercy Fitzgerald Hospital Campus**

St. Bernard Hall, 2nd Floor, 1515 Lansdowne Avenue, Darby, PA 19023

**PLEASE NOTE THAT IF YOU DO NOT ATTEND AT LEAST ONE (1) OF THE FIRST TWO (2) SESSIONS,
YOU WILL HAVE TO WAIT TO REGISTER FOR OUR NEXT FOUR WEEK COURSE.**

REGISTRATION IS REQUIRED.

FOR MORE INFORMATION AND/OR TO REGISTER, PLEASE CALL 610-532-2811

The Delaware County Intermediate Unit and the Delaware County Technical Schools are equal opportunity education institutions and will not discriminate on the basis of race, color, religion, national origin, age, sex, equal pay, disability or genetic information in their activities, programs or employment practices as required by Title VI, VII, IX, Section 504, the Americans with Disabilities Act, and the Genetic Information Nondiscrimination Act of 2008. For information regarding civil rights or grievance procedures, contact the Director of Human Resources or the Section 504 Coordinator at 200 Yale Avenue, Morton, PA 19070, 610-938-9000. For information regarding services, activities and facilities that are accessible to and useable by handicapped persons, contact the Supervisor of Facilities at 610-938-9000.